

Our Hands Belong to Levity by Ingun Schneider - <https://www.waldorftoday.com/2012/10/our-hands-belong-to-levity/>

The Handle Institute - <https://handle.org/>

The Fabric of Autism: Weaving The Threads Into A Cogent Theory by Judith Bluestone
https://www.thriftbooks.com/w/the-fabric-of-autism-weaving-the-threads-into-a-cogent-theory_judith-bluestone/748938/?srsltid=AfmBOoog7OcyDd7bQeGpqxX2HRixY5wLCAdeVVIIdGrmBLOG1rqHTpsJl#edition=4525205&idiq=1770803

Smart Moves by C Hannaford
https://www.thriftbooks.com/w/smart-moves-why-learning-is-not-all-in-your-head_carla-hannaford/259964/?srsltid=AfmBOorL7pzdYQJEjXNpGfQDICUsXiPkA3ExzrGQ0BLuxwTrkVy8LJdl#edition=4678760&idiq=1892656

Modern Art of Education by R Steiner https://rudolfsteinerelib.org/Download/Modern_Art_of_Education-Rudolf_Steiner-307.pdf

Kingdom of Childhood by R Steiner https://www.rudolfsteinerelib.org/Download/Kingdom_of_Childhood-Rudolf_Steiner-311.pdf

The First Three Years of the Child by K König
https://steinerbooks.org/products/9781782508472-the-first-three-years-of-the-child?srsltid=AfmBOoq-58C76X0_KwBN1MeHRJyIQZr-X_jqzvYEZgLVf8tuHoXXbNL

The Child As Sense Organ by P Selg
<https://steinerbooks.org/products/9781621481836-the-child-as-a-sense-organ>

Being Human by K König
https://steinerbooks.org/products/9780880102803-being-human?_pos=1&sid=abcc9c05a&ss=r

A Conversation About Reading with Dr. Susan Johnson - <https://waldorflearningsupport.org/video/>

Blomberg Rhythmic Movement Training—contact Kate Wagner
<https://retrainthebrain.org/>

Dr. Stephen Porges - <https://www.stephenporges.com/>

The Polyvagal Theory: Neurophysiological Foundations of Emotions, Attachment, Communication, and Self-regulation by Stephen W. Porges - <https://amzn.to/4rZCX8s>

Self-Movement Sense: References from 29 March 2026

Safe and Sound Protocol

[https://safeandsoundprotocol-ssp.nl/en/safe-and-sound-protocol-your-personal-journey-starts-here/?](https://safeandsoundprotocol-ssp.nl/en/safe-and-sound-protocol-your-personal-journey-starts-here/?gad_source=1&gad_campaignid=20834617135&gbraid=0AAAAApvW4bCIQaIV_obfPQemEkMsNVYcB&gclid=CjwKCAjwvqjOBhAGEiwAngeQnU86M3o16k1at73tqrWUWJdVU3unc5oooCkDtmw8If7xHx81UerazRoC504QAvD_BwE)

[gad_source=1&gad_campaignid=20834617135&gbraid=0AAAAApvW4bCIQaIV_obfPQemEkMsNVYcB&gclid=CjwKCAjwvqjOBhAGEiwAngeQnU86M3o16k1at73tqrWUWJdVU3unc5oooCkDtmw8If7xHx81UerazRoC504QAvD_BwE](https://safeandsoundprotocol-ssp.nl/en/safe-and-sound-protocol-your-personal-journey-starts-here/?gad_source=1&gad_campaignid=20834617135&gbraid=0AAAAApvW4bCIQaIV_obfPQemEkMsNVYcB&gclid=CjwKCAjwvqjOBhAGEiwAngeQnU86M3o16k1at73tqrWUWJdVU3unc5oooCkDtmw8If7xHx81UerazRoC504QAvD_BwE)